Menstrual Migraine Algorithm

64

Menstrual Migraine

AD

65

Diagnosis of menstrual migraine confirmed with calendar record?

A

→ no → **66** Return to Acute Treatment Algorithm

↓ yes

67

Menstrual only:
- Headaches occuring exclusively ± 2 days from onset of menses

68

Menstrual Associated with, but not limited to menstruation:
- Occurrences > 6-8 days / month or
- Headache ≥ 3 days / month when optimally treated but still debilitating

↓

69

Return to Prophylactic Treatment Algorithm

↓ (from 67)

70

Refer to Acute Treatment Algorithm

↓

71

Therapy successful?

yes → **72** Continue therapy

↓ no

73

Cyclic Prophylaxis:
- NSAIDs
- Triptans
- Ergots

AD

↓

71

Therapy successful?

yes → **72** Continue therapy

↓ no

74

Hormonal Prophylaxis
- Estradiol patches
- Estrogen-containing OCP
- GnRH agonists
Refer to Estrogen-Containing OCP Migraine Algorithm

AD

↓

71

Therapy successful?

yes → **72** Continue therapy

↓ no

75

Specialty consultation with headache specialist

A

A = Annotation
D = Discussion